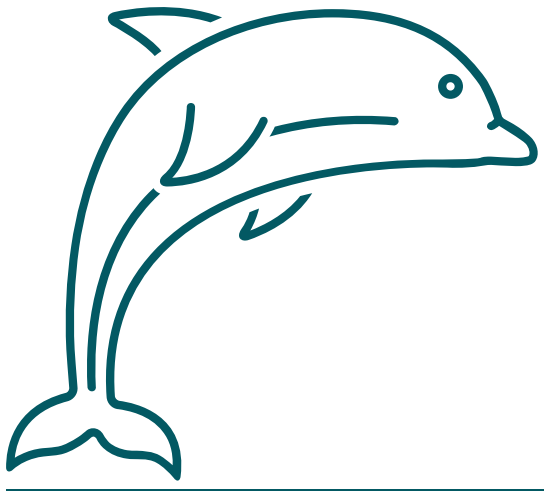
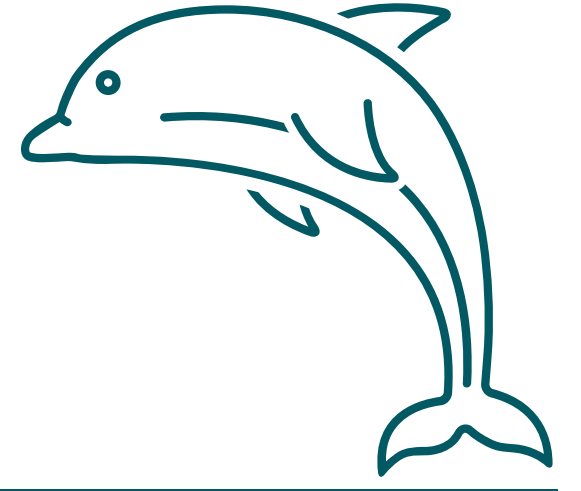


THE DOLPHIN

TAVERN



WELCOMES YOU BACK



✉ dolphintavern@tiscali.co.uk

☎ 01736 364106

STARTERS

- HOMEMADE SOUP OF THE DAY WITH BREAD & BUTTER (V) £5
- TEMPURA BATTERED KING PRAWNS, SWEET CHILLI & LEAVES £8
- 1/2 RACK BBQ RIBS, LEAVES £7
- CRISPY WHITEBAIT, LEAVES & TARTARE £7
- GARLIC BREAD £3
- CHEESY GARLIC BREAD £4

MAINS

- FULL RACK BBQ RIBS & CHIPS £14
- DOLPHIN'S OWN CHILLI CON CARNE, RICE, GARLIC BREAD & SOUR CREAM £12
- DOLPHIN'S OWN BEEF LASAGNE WITH GARLIC BREAD £12
- LARGE CRISPY WHITEBAIT, TARTARE, BREAD & BUTTER £13
- WHOLETAIL SCAMPI, CHIPS, PEAS & TARTARE £13
- RATTLER BATTERED CATCH OF THE DAY, CHIPS, PEAS & TARTARE £13
- GRILLED LOCAL FISH OF THE DAY, MASH, GREENS, LEMON & DILL BUTTER £14
- CORNISH DUO, MASH, GREENS & SAFFRON BUTTER £15

- 8OZ - 10OZ CORNISH RUMP STEAK WITH GRILLED TOMATOES, MUSHROOMS, ONION RINGS, PEAS & CHIPS £17
- BRANDY & CRACKED PEPPER OR PORT & BLUE CHEESE SAUCE £3

BURGERS £12

- 6OZ CHEESEBURGER, CHIPS, TOMATO, GHERKIN & RED ONION MARMALADE
- CAJUN CHICKEN BURGER, BRIE, BBQ SAUCE & CHIPS
- RATTLER BATTERED FISH BURGER, LETTUCE, TARTARE & CHIPS

VEG (V) & VEGAN (VG) £11

- DOLPHIN'S OWN VEG LASAGNE & GARLIC BREAD (V)
- CREAMY MUSHROOM SIZZLER & RICE (V)
- DOLPHIN'S OWN 5 BEAN CHILLI & RICE WITH GARLIC BREAD (VG)
- DOLPHIN'S OWN BUTTERNUT APRICOT TAGINE & RICE (VG)
- CURRIED BUTTERNUT SQUASH, SWEET POTATO & SPINACH PIE, CHIPS & GREENS (VG)
- VEGAN SAUSAGES, CHIPS & BEANS (VG)

DOLPHIN TAVERN SPECIALITIES

THE SIZZLERS

- CORNISH RUMP STEAK, STILTON, ONIONS & PEPPERS £15
- SWEET CHILLI CHICKEN, ONIONS, PEPPERS & CHEDDAR £14
- SWEET CHILLI KING PRAWN, ONIONS & PEPPERS £15

ALL SERVED ON A CAST IRON PLATTER WITH RICE OR CHIPS

THE DOLPHIN TAVERN

CHILDREN'S MENU & 6.50

RECOMMENDED UP TO 10 YEARS

- BATTERED MINI FISH (100% LOCALLY CAUGHT)
- CHICKEN NUGGETS
- SCAMPI
- DOLPHIN'S OWN MEAT OR VEGETABLE LASAGNE
- PORK SAUSAGES
- VEGAN SAUSAGES

ALL SERVED WITH CHIPS, MASH OR RICE AND PEAS, BEANS OR SALAD

DESSERTS £5

- LEMON CHEESECAKE, RASPBERRY COULIS & CLOTTED CREAM
- CHOCOLATE BROWNIE, CHOCOLATE SAUCE & CLOTTED CREAM
- DOLPHIN'S OWN STICKY TOFFEE PUDDING, TOFFEE SAUCE & CLOTTED CREAM
- RASPBERRY PAVLOVA CRUSH
- VEGAN CHOCOLATE & ORANGE PUDDING (VG)
- 3 SCOOPS OF VANILLA OR CHOCOLATE ICE CREAM TOPPED WITH CLOTTED CREAM & HOKEY POKEY
- AFFOGATO AL CAFFE (VANILLA ICE CREAM & ESPRESSO)
- ADD A SHOT OF LIQUOR TO MAKE IT CHEEKY! +£2

**DON'T FORGET
TO CHECK OUT
THE DAILY
SPECIALS
BOARD!**

NACHOS £10

- HOMEMADE CHILLI BEEF OR HOMEMADE SPICY 5 BEAN CHILLI TOPPED WITH MELTED CHEESE WITH SWEET CHILLI & SOUR CREAM

SALADS

- CHICKEN CAESAR SALAD £12
- NEWLYN CRAB SALAD £18
- CHEESE SALAD (V) £8

SANDWICHES

- BRIE & CRANBERRY £7
- NEWLYN CRAB £14
- CHICKEN CAESAR SALAD £7
- CHEESE & PICKLE £6

CHOOSE FROM WHITE OR GRANARY BREAD

SIDES / EXTRAS

- CHIPS £3
- CHEESY CHIPS £4
- GARLIC BREAD (VG) £3
- CHEESY GARLIC BREAD £4
- ONION RINGS £4
- BAGUETTE & BUTTER £2.50

We have worked very hard to bring you a quality menu, whilst taking every precaution to ensure you have a safe and enjoyable experience with us. Our food is fresh and cooked to order and we hope you enjoy your visit as we navigate the new normal.